FAMILY RULES

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| DO’s | DONT’s |
| COMMUNICATIONDO USE POLITE WORDSDO USE CALM TONE DO USE NORMAL VOICEDO USE POLITE BODY LANGUAGE DO WAIT OUR TURNDO USE MANNERSDO LISTEN DO USE ENCOURAGING WORDSBEHAVIORDO BE RESPECTFUL DO TELL THE TRUTHDO BE HELPFULDO ASK PERMISSION BEFORE PLAYING ROUGHDO STAND UP FOR OURSELVES (CALMLY)DO TRY TO DO DAY TO DAY THINGS INDEPENDENTLY FIRSTDO PROTECT EACH OTHERDO RESPECT PERSONAL SPACEDO RESPECT OTHER PEOPLE’S THINGSDO RESPECT OTHER’S SPACEDO ASK PERMISSION BEFORE ENTERING EACH OTHER’S ROOMSDO CLEAN UP AFTER SELF DO STAY IN BED AFTER TUCK INDO WATCH OLDER KID SHOWS only when youngest sleeping or awayDO GIVE EACH OTHER CHOICES WHEN WE ARE “THE BOSS” ON DATESDO HAVE A WEEKLY FAMILY DATEDO WEEKLY DATES WITH KIDS DO HAVE A WEEKLY FAMILY MEETING (on Family Day)DO BEST/ WORST at dinner | COMMUNICATIONDON’T YELLDON’T INTERRUPTDON’T NAME CALL DON’T BE RUDEDON’T USE DISCCOURAGING WORDS DON’T USE A FUSSY VOICEDON’T USE A SILLY VOICE WITH ADULTSBEHAVIORDON’T LIEDON’T TELL STORIES AND PRETEND THEY ARE TRUE DON’T BE A BUGDON’T INVADE OTHER PEOPLE’S PERSONAL SPACEDON’T ENTER EACH OTHER’S ROOMS WITHOUT PERMISSIONDON’T ENTER EACH OTHER’S CALM CORNERS WITHOUT PERMISSIONDON’T TOUCH OTHER’S WITHOUT THEIR PERMISSIONDON’T PLAY ROUGH OUTSIDE OF THE HOUSEDON’T LEAVE A MESS BEHIND |