FAMILY RULES

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| DO’s | DONT’s |
| COMMUNICATION  DO USE POLITE WORDS  DO USE CALM TONE  DO USE NORMAL VOICE  DO USE POLITE BODY LANGUAGE  DO WAIT OUR TURN  DO USE MANNERS  DO LISTEN  DO USE ENCOURAGING WORDS  BEHAVIOR  DO BE RESPECTFUL  DO TELL THE TRUTH  DO BE HELPFUL  DO ASK PERMISSION BEFORE PLAYING ROUGH  DO STAND UP FOR OURSELVES (CALMLY)  DO TRY TO DO DAY TO DAY THINGS INDEPENDENTLY FIRST  DO PROTECT EACH OTHER  DO RESPECT PERSONAL SPACE  DO RESPECT OTHER PEOPLE’S THINGS  DO RESPECT OTHER’S SPACE  DO ASK PERMISSION BEFORE ENTERING EACH OTHER’S ROOMS  DO CLEAN UP AFTER SELF  DO STAY IN BED AFTER TUCK IN  DO WATCH OLDER KID SHOWS only when youngest sleeping or away  DO GIVE EACH OTHER CHOICES WHEN WE ARE “THE BOSS” ON DATES  DO HAVE A WEEKLY FAMILY DATE  DO WEEKLY DATES WITH KIDS  DO HAVE A WEEKLY FAMILY MEETING  (on Family Day)  DO BEST/ WORST at dinner | COMMUNICATION  DON’T YELL  DON’T INTERRUPT  DON’T NAME CALL  DON’T BE RUDE  DON’T USE DISCCOURAGING WORDS  DON’T USE A FUSSY VOICE  DON’T USE A SILLY VOICE WITH ADULTS  BEHAVIOR  DON’T LIE  DON’T TELL STORIES AND PRETEND THEY ARE TRUE  DON’T BE A BUG  DON’T INVADE OTHER PEOPLE’S PERSONAL SPACE  DON’T ENTER EACH OTHER’S ROOMS WITHOUT PERMISSION  DON’T ENTER EACH OTHER’S CALM CORNERS WITHOUT PERMISSION  DON’T TOUCH OTHER’S WITHOUT THEIR PERMISSION  DON’T PLAY ROUGH OUTSIDE OF THE HOUSE  DON’T LEAVE A MESS BEHIND |